

Curriculum Vitae – Dr Kate Karban



CURRENT POSITION

Senior Honorary Research Fellow, University of Bradford 2018-
Retired from July 2017

HCPC Registered Social Worker: SW75276

Fellow of the Higher Education Academy: Ref: 10971

QUALIFICATIONS

1975	BA (Hons) Sociology / International Relations Reading University
1976	Post-Graduate Certificate of Education London University, Institute of Education
1981	MA Applied Social Studies /CQSW Sheffield University
1996	CCETSW Practice Teaching Award
2002	General Social Care Council Advanced Award in Social Work
2017	PhD by Published Works, University of Bradford

APPOINTMENTS HISTORY

1976-1977	Social Work Aide, Winnersh Grove Family Centre, Berkshire County Council
1977-1979	Social Work Assistant, Wokingham, Berkshire County Council
1981– 1984	Specialist Social Worker (Mental Health) Leeds Social Services
1984-1987	Psychiatric Social Worker, Tuke House, Leeds Social Services
1987-1991	Manager, Vale Mental Health Day Centre, Leeds Social Services
1991-1998	Senior Lecturer, Joint Appointment, Huddersfield University / Wakefield Community & Social Services Department
1999 -2003	Senior Lecturer, Social Work / Mental Health Leeds Metropolitan University
2003-2009	Principal Lecturer, Mental Health, Leeds Metropolitan University
2006-2009	Group Head, Psychological Therapies & Mental Health Leeds Metropolitan University
2009 -2017	Senior Lecturer, Social Work, University of Bradford

PROFESSIONAL ACTIVITIES

- 1981-1985 Founding member of South Leeds Community Mental Health Project
- 1985-1987 Adult Education Tutor, Pioneer Project, Leeds University
- 1991-1998 Member of Mid Yorkshire Social Work Education and Training Planning Group Placement Panel and Training Team. Co-chair of the Accreditation Management Group, 1994-1998
- 1992-1996 Volunteer Supervisor, Bridgeside, Leeds
- 1994-1998 Chair, Assessment Panel for Approved Social Worker Training Programme Wakefield Community and Social Services Dept.
- 1996 Joint Workshop Organiser: Lesbian and Gay Issues in Social Work, Leeds / Manchester
- 1997 Joint Conference Organiser: Residential Child Care-Partnership in Research and Practice, University of Huddersfield/ Wakefield Community and Social Services Dept.
- 1997 'Long-Arm Practice Teaching' Workshop for University of York, Secondment to Castleford and Normanton Community Mental Health Team (Jan-May, half-time)
- 1998– 1999 'Effective Practice in Mental Health Group Care Settings' Training days for Calderdale Social Services Department
- 1999 - 2001 Member of East Pennines Post-Qualifying Consortium Executive
- 1999 - 2008 Trustee/Management Committee member, Touchstone, (mental health voluntary sector organisation) Leeds
- 2000- 2001 External Assessor, Leeds ASW Programme
- 2001 - 2004 External Assessor, Merseyside ASW programme
- 2002 6 month secondment to Leeds COMPASS (Mental Health) Team (part-time)
- 2001– 2006 External Examiner, MA Mental Health Liverpool John Moores University
- 2005-2008 Faculty Research Ethics Committee
- 2005-2009 Joint Faculty lead for Interprofessional Learning
- 2006- Reviewer for British Journal of Social Work
- 2007- 2009 Faculty Research Capability Team
- 2008- 2011 Co-ordinator of British Council funded DeIPHE link with Chainama College, Lusaka, Zambia
- 2009 Independent Member of the Leeds AMHP Approval Panel
- 2009-12 Member of JUCSWEC Social Work Research sub-committee
- 2010-15 Joint Convenor, Social Work & Health Inequalities Network
- 2010-12 Joint work with 'Khushi', an Early Interventions Service User Group
- 2012-2013 Contributor to 'Working for Health Equity: The Role of Health Professionals', UCL Institute of Health Equity
- 2013-2016 Member of The College of Social Work
- 2013-2017 Member of JUCSWEC Social Work International sub-committee
- 2013 Symposia Chairperson, Health Inequalities and Equity, 7th International Conference on Social Work in Health and Mental Health, University of Southern California
- 2013 Involvement in Mental Health Higher Education Network and Curriculum Development Workshop

Curriculum Vitae – Dr Kate Karban

- 2014-2015 Head of Division, Social Work and Social Care
2014-2018 External Examiner, MSc Applied Mental Health, University of Manchester
2014-2015 Member of Bradford Council Poverty Scrutiny Committee
2014-2017 Member of University of Sanctuary group
2015-2019 External Examiner, MSc Mental Health, Canterbury Christ Church University
2015 Public Lecture: 'The impact of austerity on Bradford', University of Bradford, Faculty of Social Sciences, Elections and Democracy series. (April 15th)
2018 - 2019 Member of steering group for 9th International conference on Social Work, Health and Mental Health planned for July 2019

TEACHING AND TRAINING ACTIVITIES

1991-1998

Contribution to BSc Social Work / DipSW at University of Huddersfield, particularly Mental Health, Group Care, Human Growth and Behaviour, Social Work Methods, Values. Practice Teacher Training including CCETSW Practice Teaching Award; Anti-Racist Practice Teaching-Workshops for Practice Teachers in Bradford and Wakefield

1999 - 2009

Teaching at Leeds Metropolitan University for Diploma in Social Work; BA (Hons) / MA Applied Social Work; Post-Qualifying Award Part One; Dip HE / BSc(Hons) Psychosocial Interventions; Certificate in Mental Health Studies; BSc(Hons) / MSc Mental Health; ASW / AMHP training courses, workshops at Chainama College, Zambia. Faculty Interprofessional Learning programme.

2009 - 2017

Teaching at University of Bradford includes module leadership for Mental Health and Practice Learning modules for BA(Hons) Social Work and an Interprofessional Working module for MA Social Work; Research module for BA / MA Social Work; Year 3 tutor for BA Social Work; Programme Director for the MA Mental Health and associated training for Approved Mental Health Professionals, module leadership for Risk and Evidence-based Decision-making module and AMHP Practice module.

2019 –

LGBT Older People, Sessional Trainer for Leeds MESMAC/SAGE

RESEARCH ACTIVITIES

1994-1999 Director of Studies for PhD, 'Moving toward an appreciation of individual "outcomes" - a study of young people who have left local authority care'

1996-2003 PhD Supervisor, 'Organisational Constraints and Professional Practice: Heterosexism and Sexuality in the School Curriculum'

Curriculum Vitae – Dr Kate Karban

1999-2000 'The Use of Portfolios in Higher Education' Research in collaboration with N. Frost, University of Leeds

2001 'The Mental Health Needs of Asian Women in South Leeds' Research commissioned by Women's Health Matters / South Leeds Primary Care Group / Touchstone. Undertaken with the Health Promotion Research Unit, School of Health and Community Care, Leeds Metropolitan University

2002 - 2007 Evaluation of Sure Start, Middleton, Leeds. Member of evaluation team, Leeds Metropolitan University

2007 TQEF funding: Evaluation of Faculty of Health Interprofessional Learning programme

2007 Steering Group for Joseph Rowntree funded research on Elders and Carers in Bradford.

2007 Evaluation of Service User and Carer Involvement in Education and Training, West Yorkshire Mental Health Research & Development Consortium, Funded by Assessment of Learning in Practice Settings (ALPS)

2008 -2009 Evaluation of Women's Health Matters Listening Ear and BARCA Leeds Reaching Out Counselling Services

2008 PhD Supervisor: 'An investigation into how and why art psychotherapy may provide a sense of "home" for people with complex homelessness issues'

2008-9 TQEF funding: Towards Interprofessional Practice, a collaborative project with local agency partners to develop learning resources

2009-2012 Lead Researcher for the Evaluation of Leeds Independent Living Project in partnership with Leeds Adult Social Care and Progress Housing. Funded by Big Lottery.

2009 Member of MRC-funded collaborative Lifelong Health & Wellbeing network: A model to guide investment in older people's mental capital, mental health and wellbeing

2010 Member of research team for Joseph Rowntree Bradford programme, Living Through Change: Mental health, resilience and the recession in Bradford

2013 Research projects in collaboration with local partners on Adult Safeguarding and also on Lesbian, Gay, Bisexual and Transgender asylum seekers

2017- 18 'Accounting for recovery and social perspectives in AMHP practice' Member of research team for Faculty-funded study

Curriculum Vitae – Dr Kate Karban

2017- 18 Older LGBT people's experiences of home-based care, co-researcher with Anita Sargeant (Faculty of Health Studies, University of Bradford) funded by CCIP grant and in collaboration with Equity Partnership, Bradford, and Sage, Age UK, Leeds

2017- Member of PhD supervisory team for Justine Tomlinson, 'Medicines safety for vulnerable older people after discharge from hospital', School of Pharmacy, Faculty of Life Sciences, University of Bradford.

PUBLICATIONS SINCE 2005

Fawcett, B. & Karban, K. (2005) *Contemporary Mental Health: Theory, Policy and Practice*, London: Routledge

Karban, K., Green, M. & Taylor, D. (2005) *Middleton Sure Start, Evaluation Report, 2002 – 2005*

Karban, K. & Green, M. (2007) *An Evaluation of the Middleton Sure Start Speech and Language Service*. Evaluation Report

Karban, K. Newell, C. & Green, M. (2007) *An Evaluation of the Support provided by Middleton Sure Start to Families with Children with Special Needs*. Evaluation Report

Smith, S. & Karban, K. (2008) Tutor experiences of developing an interprofessional learning (IPL) programme in Higher Education: recognising a parallel process. *Response e journal*. Issue 4. ISSN - 1752-0991
<http://www.derby.ac.uk/response/6d.asp?aid=15>

Karban, K. & Smith, S. (2009) 'Developing critical reflection within an interprofessional learning programme': Bradbury, H., Frost, N., Kilminster, S. & Zukas, M. (Eds.) *Beyond Reflective Practice*, Routledge.

Haugh, S., Karban, K., Newell, C., Walker, B., & Wright, N. (2009) *Evaluation of Women's Health Matters Listening Ear and BARCA-Leeds Reaching Out Counselling Services*

Brock, A., Frost, N., Karban, K. & Smith, S. (2009) *Towards Interprofessional Partnerships: A Resource Pack*. Leeds Metropolitan University

Minogue, V., Holt, B., Karban, K., Gelsthorpe, S., Firth, S. & Ramsay, T. (2009) Service User and Carer Involvement in Mental Health Education, Training and Research – A Literature Review. *Mental Health and Learning Disabilities Research and Practice*, 211-227

Karban, K. (2011) *Social Work and Mental Health* Cambridge: Polity Press

Karban, K. & Smith, S. (2011) The contribution of health professionals in Brock, A., & Rankin, C. (Eds.) *Making it work for the child: professionalism for the early years interdisciplinary team*. Continuum.

Gianfranco, G., South, J., Kinsella, K. & Karban, K. (2011) *Mental health, resilience and the recession in Bradford*. Joseph Rowntree Foundation

Karban, K. (2011) The Social Determinants of Mental Health. In Anderson, J. & Penson, W. (Eds.) *Burning Issues in Learning and Teaching about Mental Health. Occasional paper 13*. London: Health Sciences and Practice Subject Centre in conjunction with the Mental Health in Higher Education project.

Karban, K., Paley, C. & Willcock, K. (2013) Who calls the tune? Participation and partnership in research. *Social Work and Social Sciences review* 15(3)

Fish, J. & Karban, K. (2013) Health inequalities at the heart of the social work curriculum. *Social Work Education – The International Journal* 33 (1), pp. 15-30

Include Me In Project (2013) User Involvement in Evaluation. *Mental Health and Social Inclusion*. <http://www.emeraldinsight.com/journals.htm?issn=2042-8308&volume=17&issue=1>

Karban, K., Paley, C. & Willcock, K. (2013) Towards support: evaluating a move to independent living. *Housing, Care and Support* 16(2)85-94

Karban, K., Bowa, A., Mbewe, E., Ngandu, R., Patrick, S., Penson, B. & Walker, B. Scaling up - Challenges in mental health education in Zambia. *International Journal of Mental Health*, 42, (2 – 3) Summer-Fall 2013

Giuntoli, G., Hughes, S., Karban, K. & South, J. (2014) Towards a middle-range theory of mental health and well-being effects of employment transitions: Findings from a qualitative study on unemployment during the 2009–2010 economic recession. *Health (London)* published online 15 October 2014 / July 2015 19(4): 389-412

Fish, J. & Karban, K. (Eds.)(2015) *Lesbian, Gay, Bisexual and Trans Health Inequalities: International Perspectives in Social Work*. Bristol: Policy Press

Karban, K. & Sirriyeh, A.(2015) Lesbian, Gay, Bisexual and Transgender Asylum Seekers, Chapter in Fish & Karban (eds) 2015) *Lesbian, Gay, Bisexual and Trans Health Inequalities: International Perspectives in Social Work*. Bristol: Policy Press

Karban, K. & Ngandu, R. (2015) Exploring partnership: reflections on an international collaboration. *International Social Work*. On line access DOI: 10.1177/0020872815594858

Penson, W. J., Karban, K., Patrick, S., Walker, B., Ng'andu, R., Bowa, A., Mbewe, E. (2016), Building Capacity in the Zambian Mental Health Workforce through Engaging College Educators: Evaluation of a

Curriculum Vitae – Dr Kate Karban

Development Partnership in Higher Education (DePHe) project, in Blessinger, P. & Cozza, B. (eds.) *University Partnerships for International Development (Innovations in Higher Education Teaching and Learning, Volume 8)* Emerald Group Publishing Limited, pp.173 – 189

Karban, K. (2017) Developing a Health Inequalities Approach for Mental Health Social Work, *British Journal of Social Work* Vol 47(3), 1 April 2017, pp. 885–992,

Tomlinson, J., Silcock, J., Karban, K., Blenkinsop, A. & Smith, H. (2019) A Grounded Theory Approach To Understanding The Role Of Medication Safety Within A Hospital Early Discharge Team, *Age and Ageing*, Volume 48, Issue Supplement_1, February 2019, Pages i32–i35

Tomlinson, J. Cheong, V., Fylan, B., Silcock, J., Smith, H., Karban, K. & Blenkinsopp, A. (2020) Successful care transitions for older people – a systematic review and meta-analysis of the effects of interventions that support medication continuity, Accepted for publication in *Age and Ageing*,

Karban, K., Sparkes, T., Benson, S., Kilyon, J. & J. Lawrence (2020) Accounting for social perspectives: an exploratory study of Approved Mental Health Professional (AMHP) practice, Under review for the *British Journal of Social Work*

CONFERENCE PAPERS AND PRESENTATIONS SINCE 2008

Karban, K., Smith, S. & Ellis, I. (2008) 'we didn't know enough about our own course, let alone anyone else's...' students' experiences of the first year of an interprofessional learning programme. *Alltogether Better Health IV*, Stockholm, June

Smith, S., Karban, K. & Ellis, I. (2008) First year students' views about participating in an interprofessional learning programme (IPL): issues for assessment, learning and teaching (ALT) *Alltogether Better Health IV*, Stockholm, June

Smith, S., Karban, K. & Ellis, I. (2008) "The interprofessional learning programme (IPL) was useful but it would have been better if..." Using first year students' views on their participation in IPL to enhance assessment, learning and teaching (ALT) issues. *International Interprofessional Education and Practice Conference*, University of Salford, June

Karban, K. & Ngandu, R. (2010) Learning from DePHe: Implications for Mental Health and Social Work. *Changing Health: 6th International Conference on Social Work in Health and Mental Health*, Dublin, 28th June – 2nd July 2010.

Curriculum Vitae – Dr Kate Karban

Karban, K. (2011) Include Me In: *First European Social Work research Conference, Oxford, March 23-25th*

Karban, K. & Fish, J. (2011) Health inequalities - at the heart of the social work curriculum. Workshop at *Joint Social Work Education Conference, Manchester, July 14.*

Karban, K., Paley, C. & Willcock, K. (2012) Promoting Social Inclusion: A participatory evaluation of a move to independent living. *Qualitative Research on Mental Health conference, University of Nottingham, July 3.*

Karban, K. (2012) Include Me In: An evaluation of the move from hostel accommodation to independent tenancies for people with learning disabilities or mental health difficulties. *Social Work and Social Development: Action and Impact, IFSW / IASSW conference, Stockholm, July 8 – 12*

Karban, K. & Fish, J. (2012) Health inequalities - at the heart of the social work curriculum. *Social Work and Social Development: Action and Impact, IFSW / IASSW conference, Stockholm, July 8 – 12*

Fish, J. & Karban, K. (2013) Health inequalities – developing a global curriculum. *7th International Conference on Social Work in Health and Mental Health, University of Southern California, June 23 - 28*

Karban, K. (2013) Beyond the front door: evaluating the impact of independent living on social inclusion. *7th International Conference on Social Work in Health and Mental Health, University of Southern California, June 23 - 28*

Graham, G. & Karban, K. (2014) Complexity, communication and co-ordination: connecting practice and research in adult safeguarding. *Joint Social Work Education Conference. Royal Holloway, University of London. July 23 – 25*

Karban, K. & Sirriyeh, A. (2014) Double jeopardy: a health inequalities and social justice perspective on the experiences of LGB asylum seekers *Joint Social Work Education Conference. Royal Holloway, University of London. July 23 – 25*

Karban, K. (2015) Mental Health & Social Work: Time To Think Again. Paper presented at *Joint Social Work Education Conference. Open University, University of London. July 15th*

Karban, K. (2015) Information sharing: What can we learn from Serious Case Reviews involving Child Safeguarding and Adult Mental Health? *ESRC Seminar Series (2014-17) Seminar 2: Multi-agency, Multi-user, Multi-locale Working: Sharing Information for and about Families, University of Bradford March 5th*

Curriculum Vitae – Dr Kate Karban

Karban, K. (2016) The impact of austerity on mental health and mental health social work in England. Paper presented at 8th International Conference on Social Work, Health and Mental Health, Singapore, June 19 – 23rd.

Karban, K. (2016) Using a health inequalities perspective to address diversity: social work with lesbian, gay, bisexual and transgender communities . Plenary presentations for 8th International Conference on Social Work, Health and Mental Health, Singapore, June 19 – 23rd.

Sargent, A. & Karban, K. (2017) LGBTQ+ Included or Ignored. National Association of Palliative Care Educators Conference, Leeds, December 4th

Karban, K. & Sparkes, T. (2019) Recovery and Social Perspectives in Approved Mental Health Professional (AMHP) Practice, 9th International Conference on Social Work in Health & Mental Health, York, July 22-26th

Karban, K. & Sparkes, T. (2019) Recovery and Social Perspectives in Approved Mental Health Professional (AMHP) Practice, 9th International Conference on Social Work in Health & Mental Health, AMHPA North Wales and the North West of England, September 13th

Karban, K. (2019) Exploring social perspectives in AMHP practice, AMHP Refresher Training presentation, Leeds City Council, November 13th

Karban, K. & Sparkes, T. (2019) Recovery and Social Perspectives in Approved Mental Health Professional (AMHP) Practice, Recovery Research Network, University of Bradford, November 27th

